



New Horizons: Stepping into the Academic Year 2025-26

From The Desk of The Director Principal – As we begin this new academic year, our goal remains to provide not just quality education but a holistic environment where students discover their unique potential. In today's rapidly evolving world, we're committed to preparing students not just for exams but for life itself.

I encourage you all to approach this year with curiosity, set SMART goals, and remember that education extends beyond marks. Let's make this a year of discovery and excellence.

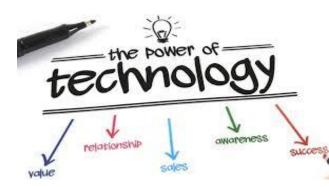
From The Vice Principal – The choices you make today shape your tomorrow. When selecting streams, subjects, or exploring careers, let your decisions reflect your interests and strengths—not peer pressure.

#### This year:

Understand your aptitudes, seek guidance when needed, balance academics with healthy habits, and view challenges as growth opportunities We're here to support your educational journey.







From The Career Counsellor - As careers transform rapidly, preparation for future success starts now:

#### For Academic & Career Planning:

Explore interests through internships and volunteering

Develop soft skills alongside academic knowledge Stay informed about relevant competitive exams

#### For Mental Wellness:

Practice regular digital detox Maintain study-relaxation balance Seek help when feeling overwhelmed

#### For Technology Awareness:

Build essential digital literacy skills Use technology for learning, not distraction Practice responsible internet use

Our door is always open for guidance on any career or academic concerns.

#### 1. New Academic Year, New Goals

Set SMART goals for the year ahead. Reflect on your interests, strengths, and aspirations. Organize your studies, join extracurriculars, and seek guidance when needed. Career success starts with small steps today—stay curious and invest in self-understanding.

#### 2. Choosing the Right Stream After Class 10

Each stream—Science, Commerce, or Humanities—offers unique opportunities. Identify your interests and aptitudes rather than following peer pressure. Science suits problem-solvers; Commerce fits those who love numbers; Humanities appeals to those interested in society and arts. Choose what fits YOU, not others.

#### 3. Aligning Subjects with Career Passion

Your interests are key to long-term satisfaction. History lovers can pursue law or archaeology; math enthusiasts aren't limited to engineering. Today's careers are increasingly interdisciplinary. Follow what energizes you, and success will follow naturally.

#### 4. Essential Skills Beyond Academics

Develop soft skills like communication, teamwork, and emotional intelligence alongside good grades. Join clubs, debates, and volunteer activities to build these abilities. Employers seek well-rounded individuals who can solve problems and collaborate effectively.

#### 5. Value of High School Internships

Real-world experience helps discover interests and enhances your résumé. Whether volunteering at an NGO or shadowing a professional, these experiences teach responsibility and work ethics. Start small but start early—practical experience is as valuable as classroom learning.



# 2025 2026

#### 6. Preparing for Future Careers

Emerging fields like AI, Data Science, and Renewable Energy are growing rapidly. Stay adaptable, build problem-solving skills, and embrace innovation. Some careers of tomorrow may not exist today—but adaptability will keep you relevant.

#### 7. Starting the Year Right

Organize your study space, set realistic goals, and establish a simple routine. Track progress, celebrate small wins, and maintain a healthy balance between studies and hobbies. Remember: consistency beats intensity for long-term success.

### 8. Managing Academic Anxiety

Feeling anxious or confused is normal. Acknowledge your feelings, speak with trusted adults, and practice mindfulness. Break tasks into smaller steps and avoid comparing yourself to others. Be kind to yourself—growth happens gradually.

#### 9. Study in India vs Abroad

Consider your goals, budget, and interests when planning higher education. India offers familiarity and affordability; studying abroad provides global exposure and flexible learning. Research thoroughly and start planning early for financial and academic preparation.

#### 10. Competitive Exams Preparation

Know important exam dates and start preparation early. Classes 9-10 are ideal for building concepts; 11-12 should focus on practice tests. Use online resources wisely, consider coaching if needed, and balance board exam study with entrance preparation.



### **Events in March 2025**



#### Two-Day Internship Program

Our school collaborated with Jaipuria Institute of Management (JIM) to conduct a Two-Day Internship Program for Class XII students on 6th and 7th March, 2025. Held at the JIM campus, the program was led by industry experts and covered key areas such as Cyber Security, Career Awareness, Design Thinking, Domain Awareness in MBA and Engineering fields, and Startup as a Career. Students gained practical insights into emerging career paths, problem-solving techniques, and the entrepreneurial process. The program proved to be an enriching experience, helping students make informed choices about their future careers.

## <u>Student Visit to Amity University – A Learning Experience</u>

On March 18, 2025, Humanities students from Seth Anandram Jaipuria School visited Amity University for an enriching educational experience. They explored the Amity School of Communication, gaining hands-on exposure to media facilities like the TV newsroom and editing suites. A session on Power BI made data analysis engaging, while a game on "higher risk, higher returns" simplified financial concepts. The visit also included a soft skills workshop focusing on non-verbal communication, first impressions, and time management. It was a well-rounded experience that combined learning with real-world insights.



#### Exploring Future Careers in Healthcare at Amrita Vishwa Vidyapeetham, Faridabad

Students had a valuable opportunity to explore careers in healthcare through two engaging sessions organized by Amrita Vishwa Vidyapeetham, Faridabad, known for its multispecialty hospital and health science programs. On March 20, 2025, Dr. Jit Adhikari introduced students to Allied Health Science courses and career prospects. The on-campus session on March 21 featured talks by Col. BK Mishra on essential medical skills, Prof. Dr. Lekha Vishwanathan on nursing programs, and Dr. Neatu Narang on mental well-being. Students also toured advanced medical labs, gaining hands-on exposure to healthcare diagnostics. experience offered meaningful insights into medical and allied health careers, sparking inspiration and clarity among aspiring healthcare professionals.

#### University of Denver - Insightful Session

On March 27, 2025, a delegation from the University of Denver visited the school's head office. As part of the visit, Mr. Michael Francisco, Assistant Director of International Admissions, conducted an interactive session with our students. During the session, he provided an overview of the University of Denver and shared valuable information about higher education opportunities in the United States. The session offered students insights into academic programs, campus life, and the admission process, making it a meaningful experience for those considering international education.







#### Online Session by Hitbullseye

Seth Anandram Jaipuria School partnered with Hitbullseye, the CUET specialists, to support students preparing for competitive exams, especially CUET. To guide them through the preparation process, an online orientation session was conducted on Tuesday, 11th March 2025. Parents were also invited to attend and gain clarity on CUET and other entrance exams. The session covered the CUET form-filling process, course eligibility, domain subject selection, and available resources like NCERT chapter-wise tests, English General Test prep materials. comprehensive test series for CUET, NEET, JEE, CLAT, NDA, IPMAT.