

Importance of Soft Skills



According to research conducted by the Stanford Research Center, Harvard University, and the Carnegie Foundation, an astounding 85% of job success stems from exceptional soft and interpersonal skills, with only 15% attributed to technical abilities. The importance of soft skills in education is expected to increase in the future. With technological advancements, globalization, and shifts in the job market scenario, there is a growing demand for individuals who possess essential soft skills. Consequently, it becomes imperative to emphasize the development of soft skills among students at the school level.

In educational contexts, soft skills represent a collection of personal attributes and competencies enabling individuals to adeptly navigate diverse facets of life. This skill set encompasses communication, collaboration, critical thinking, problem-solving, adaptability, time management, leadership, and more. At Seth Anandram Jaipuria School, we have already integrated soft skills training into our curriculum and endeavor to emphasize its significance further through workshops and various classroom activities.





As career counselors, we mentor and guide students, empowering them to develop essential soft skills vital for academic and career success. These skills enable effective communication, relationship-building, and decision-making. Learning empathy, resilience, and self-awareness fosters emotional intelligence, enhance mental well-being and promote a positive, inclusive school environment.





Importance of Soft Skills in Career Development

Benefits:

Developing soft skills in education offers numerous advantages for students. Enhancing critical thinking, communication, collaboration, and problem-solving abilities not only boost academic performance but also fosters personal growth, resilience, and adaptability. By nurturing these skills, secondary school students can more effectively equip themselves for success in higher education, careers, and life beyond school.

Essential Soft Skills:

Communication: Effective verbal and written communication skills are essential for expressing ideas clearly and collaborating with peers and teachers.

Collaboration: Working collaboratively on group projects and extracurricular activities teaches students teamwork, cooperation, and problem-solving.

Critical Thinking: Encouraging students to analyze information, think critically, and evaluate evidence helps them make informed decisions and solve complex problems.

Adaptability: Learning to adapt to new situations, challenges, and environments prepares students to navigate changes and uncertainties in their academic and personal lives.

Time Management: Developing time management skills helps students prioritize tasks, set goals, and manage their workload effectively.

Leadership: Opportunities to lead clubs, teams, or initiatives help students develop leadership qualities such as decision-making, delegation, and mentorship.

Emotional Intelligence: Teaching students' empathy, resilience, and self-awareness fosters emotional intelligence, enabling them to manage emotions, build relationships, and cope with stress.

Creativity: Encouraging students to think creatively and explore innovative solutions fosters problem-solving skills and enhances their ability to adapt to diverse situations.



SOFT SKILLS IN DEMAND

	Communication
$\overline{\mathbf{A}}$	Listening
$\overline{\mathbf{A}}$	Empathy
	Creativity
	Problem-solving
$\overline{\mathbf{A}}$	Critical thinking
	Time management
\checkmark	Decision-making
$\overline{\mathbf{A}}$	Flexibility
	Adaptability
\square	Motivation
\square	Teamwork
	Punctuality
\square	Organization
$\overline{\mathbf{A}}$	Friendliness
$\overline{\mathbf{A}}$	Work ethic
$\overline{\mathbf{A}}$	Curiosity

Here are strategies for developing soft skills: Enhance Communication: Engage in clubs, volunteer work, or online courses to refine communication abilities.

Leadership: Manage your schedule, mediate conflicts, inspire others, and mentor peers.

Maintain Positivity: Pursue personal growth courses, tackle challenges, build networks, and collaborate.

Embrace Flexibility: Adapt your routine, multitask, and embrace unfamiliar experiences.

Problem Solving: Solve puzzles, journal your thoughts, and collaborate on projects.

Build Emotional Intelligence: Participate in teamwork exercises like back-to-back drawing to enhance communication and collaboration.

Online Learning: Enrol in courses targeting communication, leadership, problem-solving, and emotional intelligence.

Soft Skill Activities: Integrate soft skill exercises into team-building games for practical skill development.

Self-Assessment: Identify areas for improvement, seek feedback, step out of your comfort zone, and practice consistently.

Workshop In February 2024

In February 2024, we hosted a dynamic goal-setting workshop tailored for students in classes VI, VII, and VIII. This interactive session delved into the significance of goal setting in life, covering its purpose, various types, and the benefits it brings. Through practical tools and guidance, our aim was to cultivate habits of goal In February 2024, we hosted a dynamic goal-setting workshop tailored for students in classes VI, VII, and VIII. This interactive session delved into the significance of goal setting in life, covering its purpose, various types, and the benefits it brings. Through practical tools and guidance, our aim was to cultivate habits of goal setting, planning, and proactive action-taking, nurturing a culture of achievement and personal development among students.









